

Meditation And Mantras

meditation mindfulness

shape of my heart ☺ sting ☺ dominic miller gordon sumner ☺ sting he deals the cards as a meditation ☺☺☺☺☺ and those he plays never suspect ☺☺☺☺☺

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the english meditation is derived from old french meditacioun in turn from latin meditatio from a verb meditari meaning to think
contemplate devise ponder

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