Armed Forces Recipe Cards

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over 1 700 total pages the armed forces recipe service is a compendium of high volume food service recipes written and updated regularly by the united states department of defense natick laboratories and used by military cooks and by institutional and catering operations it originated in 1969 as a consolidation of the cooking manuals of the four main services and is based on previous military publications dating back to the first standardization efforts in the us army in 1896 recipes are based primarily on american cookery with the addition of specialized items such as vegetarian kosher and halal recipes to meet more specialized needs of those being served the service database is now distributed by the joint culinary center of excellence a division of the us army quartermaster school based in fort lee virginia each recipe card has a standardized format each recipe is calibrated to feed 100 people with a basic nutritional analysis across the top of the card

the armed forces recipe service is a large collection of high volume standardized food service recipes developed by the united states department of defense and used by military chefs institutional and catering operations all of the recipes have been developed tested and standardized for product quality consistency and yield the u s dietary guidelines were among the many considerations in both the selection and development of the recipes many of the recipes have been modified to reduce fat salt and calories for new and experienced cooks consistent use of standardized recipes is essential for quality and economy broken into two volumes due to its size the armed forces recipe service contains over 1 600 tested recipes calibrated to feed 100 people and easily adjusted up or down to adjust portion size depending on the number of people being fed the recipes contain a basic nutritional analysis as well detailing calories carbohydrates protein fat cholesterol sodium and calcium both volumes of the armed forces recipe service must be purchased to have the manual in its entirety this volume volume i of ii holds the following sections general information appetizers beverages breads and sweet doughs cereals and pasta products cheese and

eggs cakes and frostings cookies pastries and pies puddings and other desserts and desserts sauces and toppings

this book serves up the american cookbook as a tasty sampler of history geography and culture revealing the influence of political events e g wartime rationing social movements temperance and technological change new packaging and cooking methods provided by publisher

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